



LESSON 11 WORKBOOK

Activity

Please have students identify or ask someone to be a Hope Supporter for them. Please have students complete the Hope Network Worksheet to aid in choosing a support person. Students are encouraged to keep their worksheet in a safe place for reference.

Teacher Prompt: At this time, you may offer to be a Hope Supporter for students.

Additional Teaching Tools

*The following list of stories and activities are recommended to enhance student learning, experience, and to encourage and promote further discussions related to each lesson's content. Please choose what fits best for you, your students, and classroom environment. You may locate the resources listed below from the provided book *Chicken Soup for the Soul in the Classroom*.

Stories

p. 125 *Ask, Ask, Ask*

p. 283 *I Like Myself Now*

Activities

p. 367 *Five People Who Like Me As I Am*





Friends on whom I can count:

Family members with whom I feel comfortable sharing my feelings:

Relative (e.g., aunt, uncle, cousin, grandparent) with whom I can talk:

Faculty and staff (e.g., teacher, counselor, coach) I can go to for support:

Someone I might be able to count on even though we are not always close:

Something sacred to me (pets, nature, music):

Adapted from the Student Personal Resource Survey Opalewski and Robertson (2007), p. 13