



LESSON 6 WORKBOOK

Activity

Think of a goal you would like to reach. Write it on your hope sunflower. List the action steps you need to take to get to that goal.

Additional Teaching Tools

*The following list of stories and activities are recommended to enhance student learning, experience, and to encourage and promote further discussions related to each lesson's content. Please choose what fits best for you, your students, and classroom environment. You may locate the resources listed below from the *Chicken Soup for the Soul in the Classroom*.

Stories

p. 53 *Bopsy*

p. 56 *Follow Your Dream*

p. 59 *The Power To Shine*

p. 125 *Ask, Ask, Ask* (may also fit in Lesson 9 Hopeful Community)

p. 238 *Winning Isn't Everything*

Activities

p. 313-314 99% is Tough, 100% is Easy

p. 332-334 Writing Affirmations

p. 361-362 Setting Goals/Creating a Goal Book or Poster

