



1. Illinois State Standards for Social/Emotional Learning

The state of Illinois defines social and emotional learning as “the process through which children and adults acquire the knowledge, attitudes, and skills they need to”:

- ☀ Recognize and manage their emotions
- ☀ Demonstrate caring and concern for others
- ☀ Establish positive relationships
- ☀ Make responsible decisions
- ☀ Handle challenging situations constructively

Further, “Quality SEL instruction in which students learn to process , integrate, and selectively apply SEL skills in developmentally, contextually, and culturally appropriate ways in conjunction with a safe, caring, participatory and responsive school climate can result in positive outcomes including”;

- ☀ Promotion of mental wellness
- ☀ Prevention of mental health issues
- ☀ School connectedness
- ☀ Reduction in student absenteeism
- ☀ Reduction in suspensions
- ☀ Adoption, implementation and institutionalization of new practices
- ☀ Improved academic outcomes

Please see list below for Schools for Hope lessons that meet each standard and benchmark for late elementary students.



Goal 1: *Develop self-awareness and self-management skills to achieve school and life success.*

Learning Standard

A. Identify and manage one’s emotions and behavior.





Late Elementary 1A.2a. Describe a range of emotions and the situations that cause them.

HM lessons: 1, 3

Late Elementary 1A.2b. Describe and demonstrate ways to express emotions in a socially acceptable manner.

HM lessons: 1, 3, 4, 9, 10

B. Recognize personal qualities and external supports.

Late Elementary 1B.2a. Describe personal skills and interests that one wants to develop.

HM lessons: 6

Late Elementary 1B.2b. Explain how family members, peers, school personnel, and community members can support school success and responsible behavior.

HM lessons: 8,9,10

C. Demonstrate skills related to achieving personal and academic goals.

Late Elementary: 1C.2a. Describe the steps in setting and working toward achievement.

HM lessons: 7, 8, 9

Late Elementary 1C.2b. Monitor progress on achieving a short-term personal goal.

HM lessons: 7, 8, 9



Goal 2: *Use social-awareness and interpersonal skills to establish and maintain positive relationships.*

Learning Standard

A. Recognize the feelings and perspectives of others.

Late Elementary 2A.2a. Identify verbal, physical, and situational cues that indicate how others may feel.





HM lessons: 2, 3, 4, 5, 9, 10

2A.2b. Describe the expressed feelings and perspectives of others.

HM lessons: 2, 3, 4, 5, 9, 10

Learning Standard

B. Recognize individual and group similarities and differences.

Late Elementary 2B.2a. Identify differences among and contributions of various social and cultural groups.

HM lessons: 2, 5, 9, 10

2B.2b. Demonstrate how to work effectively with those who are different from oneself.

HM lessons: 2, 5, 9, 10

Learning Standard

C. Use communication and social skills to interact effectively with others.

Late Elementary 2C.2a. Describe approaches for making and keeping friends.

HM lessons: 1, 2, 6, 8, 9, 10

2C.2b. Analyze ways to work effectively in groups.

HM lessons: 1, 2, 6, 8, 9, 10

Learning Standard

D. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

Late Elementary 2D.2a. Describe causes and consequences of conflicts.

HM lessons: 3, 8, 9

2D.2b. Apply constructive approaches in resolving conflicts.

HM lessons: 3, 4, 8, 9





Goal 3: Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Learning Standard

A. Consider ethical, safety, and societal factors in making decisions.

Late Elementary 3A.2a. Demonstrate the ability to respect the rights of self and others.

HM lessons: 1, 3, 4, 5, 9

3A.2b. Demonstrate knowledge of how social norms affect decision making and behavior.

HM lessons: 1, 2, 5, 6, 9, 10

B. Apply decision-making skills to deal responsibly with daily academic and social situations.

Late Elementary 3B.2a. Identify and apply the steps of systematic decision making.

HM lessons: 2, 7, 8, 9

3B.2b. Generate alternative solutions and evaluate their consequences for a range of academic and social situations.

HM lessons: 2, 7, 8, 9

C. Contribute to the well-being of one's school and community.

Late Elementary 3C.2a. Identify and perform roles that contribute to the school community.

HM lessons: 10

3C.2b. Identify and perform roles that contribute to one's local community.

HM lessons: 10

