

CERTIFIED HOPE AMBASSADOR

Congratulations! iFred and Hopeful Minds are proud to present this

Certificate of Completion to:

For completion of the Hopeful Minds Deep Dive Hope Curriculum. We are proud of your commitment to use positive feelings, inspired actions, Happy Habits, and Stress Skills to inspire and foster hope in yourself and others. Thank you for your dedication and for becoming an official

HOPEFUL MINDS AMBASSADOR.

Kathryn Goetzke

Kathryn Goetzke
Founder, iFred

Teacher



Hopeful Minds
an iFred.org Project